



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

3rd-5th Grade Boys/Girls Advanced Offensive Skills Workout

Location: Avera Sports Center (85th & Minnesota)

Cost: \$145 *Payment is collected online at time registration.*

Athletes will receive a Warwick Workout Shorts & T-shirt

Weekly Workouts are the foundation to becoming a skilled basketball player. Athletes of all skill levels will benefit from the intensity and progression of weekly workouts. The foundational skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. The routines and drills taught during Warwick Workouts provide athletes with an easy transition to incorporate the skill development work into their individual or team workouts.

Saturday, September 19 th	2:15-3:45 pm
Saturday, September 26 th	2:15-3:45 pm
Saturday, October 3 rd	2:15-3:45 pm ** @ USF Stewart Center
Saturday, October 10 th	OFF - No Workout
Saturday, October 18 th	2:15-3:45 pm
Saturday, October 25 th	2:15-3:45 pm

Register online at www.warwickworkouts.com

Find your session under the register HERE tab

Contact Kris Warwick or Garrett Callahan with questions about workouts

Email: warwickworkouts@gmail.com

Cell: 391-6700 (Kris) or (815) 545-9634 (Garrett)

WHERE CHAMPIONS TRAIN.